






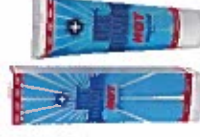








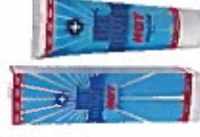








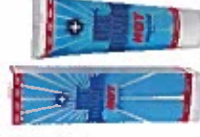








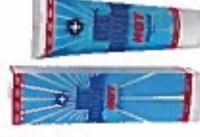








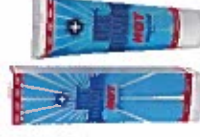








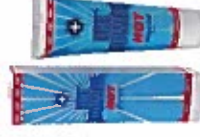








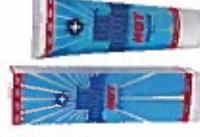








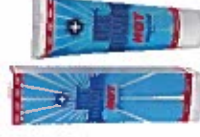








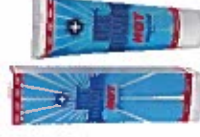



Choose the right Ice Power

**ICE
POWER**

Condition	Cold Gel	Cold Creme	Plus MSM Cold Gel	Sport Spray	Cold Spray	Instant Cold or Cold Pack	Arthro Creme - for joints	Hot Warm Gel	Kids
Sprain, strain or rupture	 Apply every 3-6 hours for a period of 1-14 days	 Apply every 3-6 hours for a period of 1-14 days	 Apply every 3-6 hours for a period of 1-14 days	 First aid for minor injuries, otherwise use as Ice Power Cold Gel	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For prevention	 Apply 3-4 times a day or as required
Haemorrhage, bruise	 Apply every 3-6 hours for a period of 1-14 days	 Apply every 3-6 hours for a period of 1-14 days	 Apply every 3-6 hours for a period of 1-14 days, or as required	 First aid for minor injuries, otherwise use as Ice Power Cold Gel	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For prevention	 Apply 3-4 times a day or as required
Neck, shoulder, or back pain, sciatica	 Apply every 3-6 hours for a period of 1-14 days, apply also as required	 Apply several times a day for a period of 1-14 days, or as required	 Apply every 3-6 hours for a period of 1-14 days, or as required	 Use as Ice Power Cold Gel or together with an elastic bandage	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For prolonged pain after period of cold treatment with Ice Power Cold Gel	 Apply 3-4 times a day or as required
Tennis elbow, golfer's wrist, tendonitis	 Apply every 3-6 hours for a period of 1-14 days, apply also as required	 Apply several times a day for a period of 1-14 days, or as required	 Apply every 3-6 hours for a period of 1-14 days, or as required	 Use as Ice Power Cold Gel or together with an elastic bandage	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For prolonged pain after period of cold treatment with Ice Power Cold Gel	 Apply 3-4 times a day or as required
Arthritis, arthrosis, rheumatic pain	 Symptomatic use to relieve pain and reduce swelling	 Symptomatic use several times a day, especially for continuous use	 Symptomatic use every 3-6 hours, especially for prolonged pain	 Use as Ice Power Cold Gel or together with an elastic bandage	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For first aid or as required, continue with Ice Power Cold Gel if necessary	 For prolonged pain after period of cold treatment with Ice Power Cold Gel	 Apply 3-4 times a day or as required
Fracture	 Apply as required to reduce swelling	 Apply as required to reduce swelling	 Apply as required to reduce swelling	 Apply as required to reduce swelling	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid	 For first aid	 For first aid; symptomatic use 2-3 times a day	 Apply 3-4 times a day or as required
Minor burns, sunburns	 Use as Sport Spray	 Use as Sport Spray	 Use as Sport Spray	 For first aid; symptomatic use approx. every 3 hours	 For first aid: Spray max. 5 sec at a time, at 30 sec intervals	 For first aid	 For first aid	 For first aid; symptomatic use 2-3 times a day	 Apply 3-4 times a day or as required
Stress pain, muscle tensions	 Symptomatic use every 3-6 hours; also for continuous use	 Symptomatic use several times a day or when required; also for continuous use	 Symptomatic use every 3-6 hours, especially for prolonged pain	 Symptomatic use every 3-6 hours, also for continuous use	 Symptomatic use every 3-6 hours, also for continuous use	 Symptomatic use to relieve pain and reduce swelling	 Symptomatic use in 1-2 times a day for at least one month, also for continuous use	 Symptomatic use 2-3 times a day	 Apply 3-4 times a day or as required
Growing pain	 Symptomatic use every 3-6 hours. For prevention apply in the evening	 Symptomatic use 1-3 times a day. For prevention apply in the evening	 Symptomatic use every 3-6 hours, especially for prolonged pain	 Symptomatic use every 3-6 hours. For prevention apply in the evening	 Symptomatic use every 3-6 hours, also for continuous use	 Symptomatic use to relieve pain and reduce swelling	 Symptomatic use in 1-2 times a day for at least one month, also for continuous use	 Symptomatic use 1-3 times a day. For prevention apply in the evening	 Apply 3-4 times a day or as required