

## IcePower products for acute pain

### IcePower Cold Spray

- For emergency care of soft tissue injuries, such as strains and ruptures.
- Easy to use, popular among athletes.
- Active ingredients Ethanol and Menthol. Spray from 10-15 cm distance with rotating movements for approximately 5 seconds. Repeat if necessary.
- Do not use on broken skin.
- Suitable to use everywhere.
- Follow up treatment by applying IcePower Cold Pack or Cold Gel.

Package size 200 ml



### IcePower Instant Cold Pack

- For the treatment of wounds and soft tissue injuries, to prevent haemorrhage and to manage pain, inflammation and swelling.
- Cold effect is affected by a chemical reaction. Pack stays as warm as surrounding air until the water-pack inside the Instant Cold Pack is broken by pressing.
- Usage time max 30 minutes, can be used directly on skin.
- Handy when travelling, camping and in field conditions.
- Follow up with IcePower Cold Gel.

Package size 24 x 14 cm



### IcePower Cold/Hot Pack

- Reusable Gel pack can be cooled down in refrigerator or freezer. Remains flexible up to -27 °C. Conforms well to body parts.
- When the pack is cooled, it can be used for relieving pain and in soft tissue injuries to prevent infection and swelling.
- For best results apply over injured part for 10-15 minutes, always use a towel or equivalent between skin and ice pack to prevent ice burn.
- Can be heated up in hot water bath or immersed in microwave oven to be used like a hot water bottle. Never use warm therapies when having inflammation.
- Follow-up treatment with IcePower Cold Gel.

Package size 28 x 14 cm

