



IcePower Cold Gel is an alternative non-prescription analgesic for soft tissue and joint pain. Using the gel as a part of physiotherapy, together with analgesics, will significantly improve the outcome.

Scientifically proven effect*

The effectiveness of IcePower Cold Gel is scientifically proven. It reduces pain and promotes recovery for soft tissue injury. The first Cold Gel trial in the world was carried out in Kuopio University in cooperation with university hospitals. The study with IcePower Cold Gel was conducted by Dr. Olavi Airaksinen. A short report of the study has been published in publication of the American Academy of Physical Medicine & Rehabilitation. The clinical trial showed that the effectiveness of the IcePower Cold Gel begins immediately after application and decreases pain by half after one week of treatment.

IcePower helps to relieve growing pains

IcePower Cold Gel is well suited for prevention and relieving of children's growing pains because of its circulation boosting and muscle relaxing properties.

Safe to use for children

There are a number of causes of lower limb pains suffered by children, whereas growing pains are among most common ones. Growing pains are believed to be caused by different growth times of bone tissue and surrounding tissues. Typically growing pains occur on children between 3 and 12 years of age in the evenings and at nights. Nondescript pain is located mostly in the tibia area, often both legs. The child has no other symptoms, neither is the child's condition dangerous. Pain, however, is strong enough to keep the child and whole family up at nights. IcePower Cold Gel can help to prevent and treat growing pains. Natural ingredients Menthol and essential oils reduce pain, improve the circulation in the area and reduce muscle tension. Furthermore, the cooling sensation felt on the skin and in deeper tissues comforts the child's legs, and relieves the distress often accompanying pain sensations. IcePower cold gel is safe and easy to use.

Prevention speeds up recovery

Physical strain of the child may be interrelated with occurrence of growing pains. For this reason a child suffering from growing pains should get reasonable amount of physical exercise daily. Boosting recovery after hard physical strain with IcePower Cold Gel immediately after exercising and before going to bed is easy. This also allows preventing the possible growing pain symptoms occurring at nights.



Treatment instruction

Spread IcePower Cold Gel on the tibia area of child suffering from growing pains, either in case of symptoms or preventively before the child goes to bed. If symptoms occur at night repeat the treatment. With IcePower ROLL children themselves can participate in spreading the Cold Gel. If pain is extremely severe small doses of analgesic can be used to increase the cold gel's effect.



Fysioline®