

# New Danish trial of Ice Power Arthro Creme



## 82% experienced improvement with joint pain, morning stiffness and mobility

Recently finished Danish trial shows that Ice Power Arthro Creme has a positive effect on reducing joint pain. Osteopath D.O, M.R.O.DK. Hanna Tómasdóttir from the Clinic Westend in Copenhagen was leading a 4 week study of 30 volunteers suffering from arthritis, sport injury or joint pain from other reason.

- 22 patients completed four weeks of combined treatment with different osteopathic techniques and the use of Arthro Creme
- Arthro Creme was applied daily and when needed on the painful joints
- The patients' experience of pain was measured on Visual Analogue Scale (VAS)

### Conclusion:

#### *82% of the patients experienced improvement*

- average of 45% decrease on joint pain
- average of 41,5% decrease on morning stiffness
- average of 39,2% improvement on mobility

Four clients didn't experience any improvement.

Five of seven patients using painkillers also noticed that they had reduced their intake of painkillers during the treatment period with Arthro Creme.

The majority of the patients who experienced improvement have chosen to continue using Arthro Creme also after the trial.

VAS scale

10 = Strongest possible pain

0 = No pain

■ Before

■ After Arthro Creme

10

5

0

Pain

Morning stiffness

Lack of mobility

